



Opening the Conversation

Taking on life after cancer together

RESEARCH STUDY ON RELATIONSHIPS AFTER CANCER

You and your partner will learn coping and communication skills that can improve your health and relationship after cancer.

Couples will be randomly assigned to participate in one of two skill-building programs. Programs will be delivered online via Zoom.

PROGRAM#1

- Couples will participate in 5 weekly sessions.
- Couples will learn ways to improve their personal and relationship health, focusing on coping with changes in intimacy and family building plans.

PROGRAM#2

- Couples will participate in 4 weekly sessions.
- Couples will learn ways to improve their personal and relationship health, focusing on coping with changes in relationships after cancer.

COUPLES IN BOTH PROGRAMS WILL:

- Complete 1 online survey before the program starts.
- Complete 2 online surveys after the program ends.
- Some participants will be invited for a follow-up interview about their experience in the program.
- Participants will receive \$10 gift cards for each completed survey and \$20 for a follow-up interview.



TO BE ELIGIBLE

- You or your partner will have had a breast or gynecologic cancer diagnosis at age 18-39, between 6 months to 5 years ago.
- Both partners must agree to participate.
- We invite couples with any sexual orientation and gender identity to participate.



TO FIND OUT MORE



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